



# YOUNG SOMERSET

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Head of Mental Health and  
Wellbeing

Putting Young People First Will Improve Somerset

# Right Time, Right Support

Young Somerset's approach to Early and  
Effective Mental Health Intervention

The logo for Young Somerset is a circular emblem. It features a thick, hand-painted green ring on the left and bottom, and a blue ring on the top and right. In the center, the words "Young Somerset" are written in a bold, black, sans-serif font. A small black silhouette of a castle tower is positioned between the two words, with a thin black line arching over it to connect the two words.

**Young  
Somerset**

# Young Somerset



## Mental Health & Wellbeing

Mental Health Support Teams  
Community Wellbeing Service  
Wellbeing Support Practitioners  
Early Years



## Targeted Youth Work

Mental Health Diversion Projects  
Paediatric Support  
NEET work  
Youth Justice  
Children's Social Care



## Alternative Education Provision

Skills Development



## Enterprise

Supported Interns  
Cafes  
Shops

# 2024 – 2025

8,070 individual contacts with CYP

1,415 CYP assessed, resulting in **8,083** intervention sessions

57 audit support meetings were conducted with schools

450+ consultation meetings held annually with school staff

22,917 individuals (parents, staff, CYP) accessed mental health and wellbeing information

96% of CYP gave positive feedback on their experience





# Mental Health & Wellbeing Service

- Mental Health Support Teams in partnership with CAMHS
- Community Wellbeing Service
- Wellbeing Support Practitioners
- Early Years



OLD WAY



NEW WAY

# Split Pathway



**WAITING LIST**



# What we did



# Making it Work

A decorative graphic consisting of a light blue circle at the top, a medium blue gear below it, and a darker blue gear below that, all positioned to the right of the text.



*“I felt like someone was finally listening. I didn’t have to wait months – I got the help when I needed it most.”*

At its height, only 13.7% of children and young people were assessed within a four-week timescale.

Introducing our changes meant that within four months, we had increased this to 86% being seen within four weeks.

We average around 55% each month.

# Beyond the Numbers





A stack of five colorful sticky notes (cyan, pink, orange, purple, and green) is shown on a light gray surface. The top cyan sticky note has the text "WHAT'S NEXT?" written on it in bold black capital letters.

**WHAT'S  
NEXT?**

# Young Somerset

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